

# COMPARING RESULTS

## The Punitive Approach and the Violence Integrative Prevention and Restoration (PAR) Model

### SUMMARY

The following illustrates and ranks how two different approaches for describing and responding to violence impact the precursors and outcomes of violence. The two approaches are: 1) the traditional “punitive” approach and 2) the new “Violence Integrative Prevention and Restoration (PAR) Model” developed by Ari Cowan.

Positive attributes are marked with a: \*

| Precursor/Outcome                         | Punitive Approach   | PAR Model  |
|---|---|--|
| <b>Fear</b>                               | Increases   | <span style="background-color: red; color: white; padding: 2px;">*</span> Decreases      |
| <b>Hatred</b>                             | Increases   | <span style="background-color: red; color: white; padding: 2px;">*</span> Decreases      |
| <b>Rage</b>                               | Is more likely  | <span style="background-color: red; color: white; padding: 2px;">*</span> Is less likely |
| <b>Resentment</b>                         | Increases   | <span style="background-color: red; color: white; padding: 2px;">*</span> Decreases      |
| <b>Scapegoating</b>                       | Increases   | <span style="background-color: red; color: white; padding: 2px;">*</span> Decreases      |
| <b>Retaliation</b>                        | Is more likely  | <span style="background-color: red; color: white; padding: 2px;">*</span> Is less likely |
| <b>Demonization</b>                       | Increases   | <span style="background-color: red; color: white; padding: 2px;">*</span> Decreases      |
| <b>Polarization</b>                       | Increases   | <span style="background-color: red; color: white; padding: 2px;">*</span> Decreases      |
| <b>Confusion</b>                          | Increases   | <span style="background-color: red; color: white; padding: 2px;">*</span> Decreases      |
| <b>Creative solutions</b>                 | Are thwarted  | <span style="background-color: red; color: white; padding: 2px;">*</span> Are encouraged |
| <b>Power sharing</b>                      | Decreases   | <span style="background-color: red; color: white; padding: 2px;">*</span> Increases      |
| <b>Compassion</b>                         | Decreases   | <span style="background-color: red; color: white; padding: 2px;">*</span> Increases      |
| <b>Reconciliation</b>                     | Is less likely  | <span style="background-color: red; color: white; padding: 2px;">*</span> Is more likely |
| <b>Openness</b>                           | Decreases   | <span style="background-color: red; color: white; padding: 2px;">*</span> Increases      |
| <b>Offender accountability</b>            | <span style="background-color: red; color: white; padding: 2px;">*</span> Increases     | <span style="background-color: red; color: white; padding: 2px;">*</span> Increases      |
| <b>Adjunct participant accountability</b> | Is not considered   | <span style="background-color: red; color: white; padding: 2px;">*</span> Increases      |
| <b>Societal accountability</b>            | Is not considered   | <span style="background-color: red; color: white; padding: 2px;">*</span> Increases      |
| <b>Victims</b>                            | <span style="background-color: red; color: white; padding: 2px;">*</span> Are empowered | <span style="background-color: red; color: white; padding: 2px;">*</span> Are empowered  |
| <b>Offenders</b>                          | Are disempowered  | <span style="background-color: red; color: white; padding: 2px;">*</span> Are empowered  |
| <b>Society</b>                            | <span style="background-color: red; color: white; padding: 2px;">*</span> Is empowered  | <span style="background-color: red; color: white; padding: 2px;">*</span> Is empowered   |
| <b>Hope</b>                               | Decreases   | <span style="background-color: red; color: white; padding: 2px;">*</span> Increases      |
| <b>Effective management</b>               | Decreases   | <span style="background-color: red; color: white; padding: 2px;">*</span> Increases      |
| <b>Short term safety</b>                  | <span style="background-color: red; color: white; padding: 2px;">*</span> Increases     | <span style="background-color: red; color: white; padding: 2px;">*</span> Increases      |
| <b>Long-term safety</b>                   | Decreases   | <span style="background-color: red; color: white; padding: 2px;">*</span> Increases      |
| <b>Results are...</b>                     | “I win.”  | <span style="background-color: red; color: white; padding: 2px;">*</span> “We heal.”     |
| <b>RANKING</b>                            | 4   | 25   |

For more information, please contact:



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